

BRIEF CURRICULUM VITAE: SORAYA SEEDAT

I have over 20 years of basic neuroscience, clinical and epidemiological research experience as a psychiatrist (more especially in assessment, genetic and interventional methodologies) and clinical drug experience (as PI and as Co-PI). I am a leading expert in South Africa in posttraumatic stress disorder and anxiety disorders and have published widely in these areas. I have existing collaborative projects with colleagues in Europe, the United States and in several African countries. I currently direct a number of research programs (including PTSD, HIV, fetal alcohol spectrum disorders) in the Department of Psychiatry (Stellenbosch University), comprising an extensive portfolio of basic and clinical neuroscience projects and I mentor several doctoral, postdoctoral and masters students. I have been involved in research capacity building and training activities in Sub-Saharan Africa, supported by NIMH grants and other initiatives. I have extensive Phase III clinical trial experience as PI and Co-PI on both industry and self-initiated pharmacological and non-pharmacological trials in PTSD, anxiety disorders, and OCD and related disorders.

Professional Qualifications

Institution and Location	Qualification/Training	Year(s)
Durban Girls Secondary School (Durban)	Matric (among the top 10 matriculants in the Province, Head Prefect and Dux)	1984
University of Natal (Durban)	MBChB	1990
Stellenbosch University (Cape Town)	FC Psych (SA)	1996
	MMed Psych (cum laude)	
University of California San Diego	Research Fellow	2001–2002
Stellenbosch University (Cape Town)	PhD	2005

Clinically qualified: Yes

Clinically active: Yes

Current roles: (i) Distinguished Professor of Psychiatry, Department of Psychiatry, Faculty of Medicine and Health Sciences, Stellenbosch University, (ii) Executive Head of Department of Psychiatry, Stellenbosch University, (iii) South African Research Chair in Posttraumatic Stress Disorder (SARChI), (iv) Director, South African Medical Research Council Unit on the Genomics of Brain Disorders.

Professional Experience:

2013 to 2023 Senate Member, Colleges of Medicine of South Africa (CMSA)
 2020 to 2023 Honorary Registrar: Finance & General Purposes Committee (CMSA)
 2020 to 2022 Secretary of ISTSS, Member of the ISTSS Executive
 2017-2022 ISTSS Board of Directors
 2019 to 2022 Member of the WFSBP Task Force on Integrative and Complementary Medicines
 2019 to 2020 Global Professor Chair at the University of Bath, UK
 2008-current President, South African Society of Biological Psychiatry
 2019 to 2020 CINP Diversity Task Force Member, Medical University Vienna, Austria
 2014 to 2020: President of the College of Psychiatrists of South Africa
 April 2012-current: Executive Head of Department of Psychiatry, Stellenbosch University
 Jul 2011-Mar 2012: Acting Executive Head of Department of Psychiatry, Stellenbosch University
 2008-current: Department of Science and Technology/National Research Foundation-South African Chair in Posttraumatic Stress Disorder
 2002-2012: Co-Director South African Medical Research Council Unit on Anxiety & Stress Disorders, Department of Psychiatry, University of Stellenbosch, Cape Town, South Africa
 2001-2002: Postdoctoral Research Fellow, Anxiety and Traumatic Stress

Program, University of California San Diego, La Jolla, CA 92037
USA

- 1997-2001: Research Fellow, South African Medical Research Council Unit
On Anxiety and Stress Disorders, Department of Psychiatry,
Stellenbosch University, South Africa
- 1996-1997: Psychiatrist (Locum Consultant), Blackpool Health Trust/Portsmouth Health Trust,
United Kingdom

Awards/Honours/Fellowships:

- 2019: Appointed as Global Chair: University of Bath (UK)
- 2019: Vice-Rector's Award for Research Excellence
- 2019: Awarded SA MRC Extramural Research Unit (Genomics of Brain Disorders)
- 2019: Elected Fellow of the Royal College of Physicians Edinburgh
- 2018: Awarded an NIH (NIAAA) 5 year continuation grant 2018-2023 (\$1,463, 509.00)
- 2018: MRC Gold Merit Award
- 2018: Chancellor's Award for Research Excellence
- 2018: Best overall presentation at the South African Society of Psychiatrists Congress
- 2017: Vice-Rector's Award for Research Excellence
- 2016: Vice-Rector's Award for Research Excellence
- 2016: Distinguished Professor of Psychiatry, Stellenbosch University
- 2015: Rector's Award for Outstanding Research
- 2013: Distinguished Women in Science Award (Life Sciences): Department of Science
and Technology, SA
- 2013: Associate Editor: Global Mental Health, SA Journal of Psychiatry
- 2012: Alexander von Humboldt Research Award
- 2011: Awarded National Research Foundation B2 rating
- 2010-2019: Editor: Journal of Child and Adolescent Mental Health
- 2010-present: Senate Research Ethics Committee, Stellenbosch University
- 2009-2011: Chair of the Health Research Ethics Committee, Faculty of
Medicine and Health Sciences, Stellenbosch University
- 2008-2011: Senate Member of the College of Psychiatrists of South Africa
- 2008: Rector's Award for Outstanding Research, Stellenbosch University
- 2008: SA Research Chair in Posttraumatic Stress Disorder, NRF
- 2007-2018: Associate Editor: South African Journal of Psychiatry
- 2004-2007: South African Medical Research Council Career Development Award
- 2005: Award for Outstanding Research, Faculty of Medicine, SU
- 2005: Maurice Weinbren Award in Radiology (Colleges of Medicine SA)
- 2005: Moody Exchange Fellowship (Biostatistics & Epidemiology
Summer Program), University of Michigan, USA
- 2004: South African Medical Research Council Grants Committee
- 2004: Associate Professor in Psychiatry, University of Stellenbosch
- 2003-2004: Thuthuka Women in Research Grant, National Research Foundation:
- 2003: Career Travel Award, Anxiety Disorders Association of America
- 2001-2002: Research Fellowship, Anxiety and Stress Disorders, UCSD, USA
- 2001: World Federation of the Society of Biological Psychiatry Fellowship
- 2000-2001: Lundbeck Institute of Psychiatry Fellowship
- 2000: Best Poster Award in the Clinical Neuroscience section, XIIInd Collegium
Internationale Neuro-Psychopharmacologicum Congress, Brussels
- 1998: Lundbeck Biological Psychiatry Fellowship
- 1997-1999: South African Medical Research Council Postdoctoral Fellowship

Research Management and Supervision:

- (i) South African Medical Research Council Flagship Study (SHARED ROOTS); (ii) The
PTSD Research Program (South African Research Chair Initiative – SARChI) which entails
supervision of Masters, PhD and postdoctoral students and clinical staff; (iii) SAMRC Unit on the
Genomics of Brain Disorders; and (iv) The Fetal Alcohol Syndrome Epidemiological Research Study

(FASER-SA). Currently supervising 5 Masters and 12 doctoral students. In the past 10 years, I have successfully supervised 30 postgraduate students (20 masters and 10 doctoral).

Publications: Over 400 peer-reviewed publications, 30 book chapters, co-editor of 4 books.

Journal Editorships: Associate Editor of *European Journal of Psychotraumatology* and *Global Mental Health*

Scopus h-index: 73 (as at 04 January 2021), 38,596 citations (excluding self-citations)