

## **Brief Biographical Sketch – Dr. Lakshmi N. Yatham**

Lakshmi N. Yatham is a Professor of Psychiatry in the Department of Psychiatry at the University of British Columbia in Vancouver, Canada. He is also the Regional Head of Psychiatry and Regional Program Medical Director for Mental Health and Addictions at Vancouver Coastal Health and Providence Healthcare.

Dr. Yatham has an executive MBA in health care from the Sauder School of Business. He has held many leadership positions for national and international professional organizations. For example, he has been the Chair of the Bipolar Group of the Canadian Network for Mood and Anxiety Treatments (CANMAT) since 2000 and was the President of the International Society for Bipolar Disorders (ISBD) from 2005-2008. He is currently the Secretary for the World Federation of Societies for Biological Psychiatry (WFSBP).

Dr. Yatham's major areas of research interest include neurobiology and treatment of bipolar disorder and major depression. Dr. Yatham's research has been funded by a number of peer-reviewed funding agencies such as the Michael Smith Foundation, Canadian Institutes of Health Research (CIHR), Canadian Psychiatric Research Foundation, Stanley Foundation, and National Alliance for Research on Schizophrenia and Depression in the USA. He was a chair of the Michael Smith Foundation Clinical Scholars Committee and has been a reviewer and a committee member of other peer reviewed funding agencies such as the Canadian Institutes of Health Research.

Dr. Yatham has received numerous prestigious awards during his career for his contributions to research, education and leadership in the field of bipolar disorders. Some examples include: Distinguished Medical Research Lecturer Award from the Faculty of Medicine at UBC (given to only one Faculty of Medicine member each year); Heinz Lehman Award from the Canadian College of Neuropsychopharmacology (CCNP) for outstanding contributions to neuropsychopharmacology; John M Cleghorn Award for excellence in research and leadership from the Canadian Psychiatric Association; CCNP Medal for meritorious career and outstanding contributions to neuropsychopharmacology in the areas of research, leadership, education and patient care from CCNP; Mogens Schou Award for international education and advocacy on bipolar disorder from the ISBD; South Asian Forum Internationale Award for his contributions to psychiatric research in the developing world; WFSBP Presidential Commendation for contributions to WFSBP; and Frank and Kupfer Award from the ISBD for distinctive contributions to the field of bipolar disorder.

Dr. Yatham featured in the Thomson Reuter's reports on "World's Most Influential Scientific Minds -2014" as well as "2015" as one of the top 1% of most highly cited researchers worldwide in psychiatry/psychology.

Dr. Yatham has a google scholar h-index of 65, and he has published 276 peer-reviewed papers in international journals including in the high impact journals such as Molecular Psychiatry, Archives of General Psychiatry, American Journal of Psychiatry, World Psychiatry, Biological Psychiatry and British Journal of Psychiatry. He has edited books and written a number of book

chapters including a chapter on Treatment of mood disorders for the Kaplan and Sadock's Comprehensive Textbook of Psychiatry 2017 edition.

He has been a chair or a member of the international scientific program committees for ISBD international conferences since 2001, vice chair or a member for WFSBP conferences since 2015, and a chair of the local organizing committee for the CINP conference in 2014. He is an invited member of the Scientific Advisory Board of the International Bipolar Foundation. He sits on the editorial boards of a number of journals including Bipolar Disorders, World Journal of Biological Psychiatry, Acta Neuropsychiatrica, Australia and NewZealand Journal of Psychiatry, Human Psychopharmacology etc.

Dr. Yatham is a sought out speaker and has presented his research work at numerous international conferences. He has edited journal supplements and top selling books on bipolar disorder. He co-led the development of Canadian guidelines for treatment of bipolar disorder in 1997 and his group revised the guidelines for 2005 with International Commentaries. The CANMAT guidelines are widely used for treatment of bipolar disorder around the world as these are updated and published every 2 years in Bipolar Disorders Journal with the most recent update published in February 2013. These guidelines are highly cited with the 2009 version receiving over 600 citations.

Dr. Yatham is actively involved at a national and international level in continuing medical education and public education on diagnosis and treatment of bipolar disorder for psychiatrists, family physicians, and the general public.